

# RESUME

**Paul R. Albert, P.T., M.S.**

293 Pride St.  
Westbrook, Maine 04092  
207-878-2465

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## EDUCATION

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**Boston University, Sargent College of Allied Health Professions**

**Advanced Masters Degree in Physical Therapy - 1987**

Dissertation: "Abnormal Postural Development in Adolescent Mentally Retarded Males"

**Boston University, Sargent College of Allied Health Professions**

**B.S. in Physical Therapy - 1974**

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## TEACHING EXPERIENCE

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**Adjunct Assistant Professor of Physical Therapy** – University of New England –  
1983-1987. Developed and presented modules on adult and pediatric developmental  
disabilities to junior and senior P.T. and O.T. students

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## CERTIFICATIONS/PUBLICATIONS

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State of Maine Physical Therapy License since 1974 (License #000154)

March, 2002: Certificate of Competency in Vestibular Rehabilitation from Department of  
Rehabilitative Medicine at Emory University, Atlanta, Georgia.

Author: Injury Prevention Program, 1996. Self-published as a manual for employees  
participating in ergonomic presentations. Specific to the paper industry.

Author: Thirteen Stretches to Prevent Injury at Work and at Play, 1998. Self-published  
as a manual for ergonomic presentations specific to jobs that require prolonged sitting.

Author: Boat Yard Back Bends and Other Stretches to Prevent Injury, 2002. Self-  
published as a manual for ergonomic presentations specific to marina and boat yard  
employees.

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**PROFESSIONAL MEMBERSHIPS**

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American Physical Therapy Association

APTA Neurological Section

Member Balance and Falls Special Interest Group

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**EMPLOYMENT HISTORY**

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**September, 2001 to present**

Maxwell, Kluger and Makaretz, Ears, Nose and Throat Specialists, P.A.

Director of Balance Center: Responsible for the development of balance programs in a private medical practice with specialization in vestibular and other balance disorders.

**February 2001 to present:**

President and founder of Ergonomic Results, P.A., a private consulting firm with contracts with large and small employers. Emphasis on ergonomic consulting and injury prevention programs.

**November, 1981 to February, 2001:**

Founder, owner, of Southern Maine Physical Therapy, P.A., a private physical therapy practice in Westbrook, Maine. Provided treatment to the Portland, Maine area community emphasizing adult orthopedics, pediatrics, sports medicine and industrial medicine.

**1978 to 1983:**

Consultant with the State Of Maine Bureau of Mental Retardation. Provided direct treatment to children and adults with developmental disabilities as well as consultation to programs, agencies and group homes providing services to these populations.

**1977 to 1978:**

Senior Physical Therapist in the rehabilitation floor at Maine Medical Center, Portland, Maine. Provided direct patient care and coordinated services between occupational therapy, speech therapy, nursing and medical services. Supervised P.T.'s and P.T. students rotating through the rehabilitation service.

**1974 to 1977:**

Staff Physical Therapist at Maine Medical Center, Portland, Maine. Rotated through cardio-pulmonary, acute care, burn center, and out-patient services.

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**CONTINUING EDUCATION**

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September 1979

Neurodevelopmental Treatment, An Introductory Course, 60 hours  
Portland, ME  
Instructor: Margaret McGee

October 1980

Neurodevelopmental Treatment, Upper Extremity Course, 40 hours  
Portland, ME  
Instructor: Margaret McGee

September 1981

Certification process for administration of the California Sensory Integration Test Battery  
Boston University  
Instructor: Sharon Cermak

September 1981

Advanced Neurodevelopmental Treatment. 40 hours  
Portland, ME  
Instructor: Barbro Salek

March 1983

American Back School Seminar. 16 hours  
Worcester, MA  
Instructor: David Apts, P.T.

January 1984

S1 Introduction to Mobilization of the Spine. 36 hours  
Boston, MA  
Instructor: Stanley Paris

March 1986

S2 Advanced Evaluation and Treatment of the Pelvic, Thoracic and Lumbar Spine. 36 hours  
Hartford, CT  
Instructors: Stanley Paris and Richard Nyberg

December 1986

S3 Advanced Evaluation and Treatment of the Cranio-facial Region, Cervical and Upper Thoracic Spine. 36 hours  
Aspen, CO  
Instructors: Stanley Paris, Ph.D. and Steven Kraus, P.T.

May 1987

E1 Evaluation and Manipulation of the Extremities. 36 hours  
New York, NY  
Instructor: Catherine Patla, M.S., P.T.

June 1987

Part A, Cyriax Approach, Manual Therapy to the Neck and Upper Extremities, Orthopedic Manual Medicine. 36 hours

Boston, MA

Instructor: Stephanie Saunders, P.S.O.M., M.C.S.P.

July 1987

Myofascial Release I. 32 hours

Boston, MA

Instructor: John Barnes, P.T.

August 1987

Myofascial Release II. 32 hours

Los Angeles, CA

Instructor: John Barnes, P.T.

August 1987

Myofascial Unwinding. 24 hours

Los Angeles, CA

Instructor: John Barnes, P.T.

October 1987

Part B, Cyriax Approach, Manual Therapy to the Thoracic and Lumbar Spines and Lower Extremities, Orthopedic Manual Medicine. 32 hours

Rochester, NY

Instructor: Saunders, P.S.O.M., M.C.S.P

December 1987 for Physical Therapists

Radiology for Physical Therapists. 36 Hours

Institute of Graduate Health Sciences

Vail, CO

Instructor: Ian McCall, M.D.

April 1988

McKenzie Institute, Part A: The Lumbar Spine. 32 Hours

Albany, NY

Instructor: Angelo DiMaggio, P.T.

July 1988

McKenzie Institute, Part B The Cervical Spine. 20 Hours

Philadelphia, PA

Instructor: Wayne Wrath, P.T.

December 1988

Fitness Evaluation and Exercise Prescription. 24 Hours

Clinical Education Associates

Albany, NY

Instructor: Ellen Hillegrass, M.S., P.T.

September 1988

Functional Orthopedics I, Institute for Physical Art. 36 Hours  
Southside Hospital  
Bayshore, NY  
Instructor: Gregory Johnson, P.T.

November 1988

Ergonomics in the Workplace, Institute for Health Education. 24 Hours  
Philadelphia, PA  
Instructor: Carol Stuart-Biddle, M.S., P.T.

March 1989

Certification Review Course in Orthopedic Physical Therapy, Orthopedic Section of the  
APTA, 40 Hours  
Phoenix, AZ  
Instructors: Sandy Burkhart, P.T., Ph.D., Russell Woodman, P.T., Ph.D., James  
Porterfield, P.T., M.S., Robert Mangine, P.T., MEd, ATC, Dan Riddle, M.S., P.T., Walter  
Personius, MT/Ph.D.

November 1989

McKenzie Institute Part C, Review Course and Case Presentations. 24 hours  
Philadelphia, PA  
Instructor: Wayne Wrath, P.T.

February 1990

McKenzie Institute Part D, Advances Manipulation of the Spine and Extremities. 32  
hours  
Albany, NY  
Instructor: Ace Neame, NZPT

May 1991

Extremity Mobilization, Nags, Snags and PRP's. 36 hours  
Paramus, NJ  
Instructor: Brian Mulligan

March 1994

Anatomy of the Neck, Shoulder and Shoulder, A Cadaver Course. 36 hours  
University of New England, Biddeford, ME  
Instructor: Dennis Sullivan, P.T.

December 1995

Neuromeningeal Dysfunction, Assessment and Treatment. 36 hours  
Braintree, MA  
Instructor: Jeremy Lewis, MAPA, MMPAA

April 1997

Nags, Snags, and Mobilization with Movement, An Advanced Course. 24 hours  
Boston, MA  
Instructor: Brian Mulligan, NZPT

April 1999

Pathophysiology and Mechanics of the Shoulder. 24 hours

Danvers, MA

Instructor: Robert Donatelli, PT., MS.

January 2000

McKenzie Institute Part C, Review Course and Case Presentations. (Audited) 24 hours

New Orleans, LA

Instructor: Phil Burchill, PT, Dip MDT

October 2002

Clinical Integration Seminar, NeuroCom, International. 36 hours

Clackamas, OR

Instructor: Marcia Hall, PT, MS

February 2002

Dynamic Balance Recovery Through Change-in-Support Strategies: Mechanisms and Clinical Instruction Implications

Pre-conference Course, CSM, APTA. 16 Hours

Boston, ME

Instructors: Fay Horak, PT, PhD, David E. Krebs, PT, PhD, Brian E. Maki, PEng, PhD, Yi-Chung Pai, PT, PhD, Mark Rogers, PT, PhD

March 2002

Vestibular Rehabilitation, A Competency Based Course. 40 hours

Emory University, Department of Rehabilitative Medicine, Atlanta, GA

Instructors: Susan Herdman, P.T., Ph.D., Ron Tesla, M.D.

August 2002

Vestibular Test Interpretation Course. 36 hours

Emory University, Department of Rehabilitative Medicine, Atlanta, GA

Instructors: Susan Herdman, P.T., Ph.D., Ron Tesla, M.D.

September 2003

Tai Chi and Qigong, Integrative Rehabilitation Courses, East West Institute

New York, NY

Instructor: Bill Gallagher, MSPT, CMT, CYT